

My name is J and I would like to tell you about my 7/8 months at Glebe House

When I first came to Glebe House I was very disruptive, defiant, and disrespectful and didn't have a care in the world. The only thing I cared about was hanging out with the wrong people and causing trouble. And it got that bad that they didn't think that I was going to finish my 5 week assessment, so they extended it and changed my therapist. This was the first time I, in myself, saw that they were trying to help me and not mess up like in my other places I had been with my behaviour such as bullying and power and control issues.

Over a long time I made small steps with my anger problems and (started) feeling relaxed around people and not on edge all the time and all of this contributed to my behaviour getting better and improving. I am a good person inside and have a very big heart to let people in.

I can honestly say that if it weren't for the staff and lads giving me a chance, and not giving up on me, I would not be where I am today - a man and not a boy like I was. I owe them a lot and will carry on improving in small steps and (will) offer my guidance to new lads and tell them about my story so giving this place a chance to prove that they want what's best for you.